

ATMIYA UNIVERSITY

Faculty of **National Service Scheme**

Department of **NSS**

Part III		
Skill Enhancement Course (SEC) – II – Co-Curricular Courses (CoC)		
For the students admitted from A.Y. 2021-2022 & onwards		
Offered by: Department of National Service Scheme	Offered to: (Please mark \checkmark as applicable)	
	<input checked="" type="checkbox"/>	Students across the University other than the offering department.
	<input type="checkbox"/>	Students across the University including the offering department. (The course should not be a part of regular curriculum of the offering department.)
Semester : III – IV (2 Year Program)		
Course Code	Course Title	Course Credit and Hours
18AECO028	National Service Scheme	1 Credit - 4 hrs / wk

Objective of the course:

- Understand the community in which they work
- Understand themselves in relation to their community
- Identify the needs and problems of the community and involve them in problem-solving
- Develop among themselves a sense of social and civic responsibility
- Utilise their knowledge in finding practical solutions to individual and community problems
- Develop competence required for group-living and sharing of responsibilities
- Gain skills in mobilising community participation
- Acquire leadership qualities and democratic attitudes
- Develop capacity to meet emergencies and natural disasters and
- Practise national integration and social harmony

Target Skills (Course outcomes) :

1. NSS helps the students develop appreciation to other person's point of view and also show consideration to 'other living beings.
2. The philosophy of the NSS is well doctined in this motto, which underlines/on the belief that the welfare .of an individual is ultimately dependent on the welfare of the

society on the whole and therefore, the NSS volunteers shall strive for the well-being of the society.

Course Description:

- The aim of National Service Scheme is “Development of the Personality of Students through Community Service”. In order to fulfill the objective, student volunteers and programme functionaries are engaged in constructive and productive programmes involving students in various awareness drives, shramdaan, social reforms, communal harmony, creation of community assets, relief work, blood donation, environmental protection, literacy programme, health education campaign, etc. Under the scheme, each volunteer contributes 240 hours of community work during a period of two years.

Course Content	Hours
Module-I:	16 hrs
<p>Introduction to NSS</p> <ol style="list-style-type: none"> 1. NSS-History and Objectives & Aspects of NSS Programme 2. Emblem, flag, motto, song, symbol , badge etc. 3. Definition, profile of youth 4. Issues, challenges and opportunities for youth 5. Youth as an agent of social change 6. Concept of regular activities, special camping <p>Regular Activities:</p> <ol style="list-style-type: none"> 1. Orientation Program-[NSS Song & various types of clapping] 2. 15th August-Independence Day celebration and Enrollment 3. Festival celebrations 4. Visit eg. mentally challenged children’s school 5. Charity programme-[Before Diwali vacation] 6. 24th Sept.-NSS Day Celebrations <p>Special Activities:</p> <ol style="list-style-type: none"> 1. Tree plantation 2. 6th August- Anti Atomic/Hiroshima Day 3. 2nd October-Gandhi Jayanti 4. 14th November-Children’s Day 5. Notice Board activity for auspicious days –July to December-Date and its significance 	
Module-II :	16 hrs
<p>Leadership & Youth Development</p> <ol style="list-style-type: none"> 1. Meaning and types of leadership 	

<p>2. Qualities of good leaders 3. Traits of leadership 4. Importance and role of youth leadership 5. National Youth Policy 6. Youth Development Programmes at national level, State level and Voluntary sector</p> <p>Regular Activities</p> <p>1. Visit to old age Home 2. New Year celebration 3. Charity Programme 4. 26th January-Republic day 5. Health Awareness</p> <p>Special Activities</p> <p>1. Presentation on Indian National leaders 2. HIV Awareness 3. Small skits on leadership 4. Notice Board activity for auspicious days –January to June- Date and its significance</p>	
<p>Module-III :</p>	<p>16 hrs</p>
<p>Family, Community and Society</p> <p>1. Individual as an entity 2. Individual as a member of a family 3. Individual as a member of a community and 4. Individual as a member of a society. 5. Role of individual to safeguard nature 6. Rights & Responsibilities as citizen of India</p> <p>Regular Activities</p> <p>1. 2nd October-Swath Bharat initiative 2. 15th August –One item to be presented 3. Festival celebrations 4. Activity where Family is involved 5. Activity where Society is involved</p> <p>Special Activities</p> <p>1. 24th Sept. NSS Day celebration 2. Balanced Diet 3. Organization of HIV Awareness 4. Notice Board activity for auspicious days –January to June- Date and its</p>	

significance	
Module-IV :	16 hrs
<p>General Health Awareness</p> <ol style="list-style-type: none"> 1. Definition needs and scope of health education 2. Healthy Lifestyles 3. First Aid 4. Programmes associated with safety 5. Yoga as a tool for healthy lifestyle 6. Safe drinking water, water borne diseases and sanitation <p>Regular Activities</p> <ol style="list-style-type: none"> 1. Preparation of any item of safety importance 2. 26th January –One item to be presented 3. New Year Celebrations 4. Health Awareness 5. Yoga practice <p>Special Activities</p> <ol style="list-style-type: none"> 1. Health Awareness 2. Flag Day Celebrations 3. Interaction with juniors 4. Notice Board activity for auspicious days –January to June- Date and its significance <p>Special Camp compulsory for all the NSS Cadets</p>	
Module-V :	16 hrs

Pedagogic tools:
<ol style="list-style-type: none"> 1. Chalk and Talk 1. PPT and Videos. 2. Hands-on activities 3. Assignment 4. Group discussion 5. Visit on different places depend on the acitivity

Methods of Assessment & Tools:

(Though the credit has to be awarded at the end of the course i.e. two semesters, it is recommended to consolidated assessment in two stages one at end of each semester. Components used for assessment can be different as per the nature of the course)

S.N.	Component	Content	Duration	Marks	Sub Total
1	Attendance	--	--	10	
2	Assignments	--	--	10	
3	Participation in Activity			20	
4	Case Study			25	
5	Project work			25	
Total				100	100

At the end of the course no marks are given, only remarks are given as follows:

REMARKS:

Range of Marks	Remarks
90-100	Excellent
75-89	Very Good
60-74	Good
40-59	Fair
< 40	Not Completed